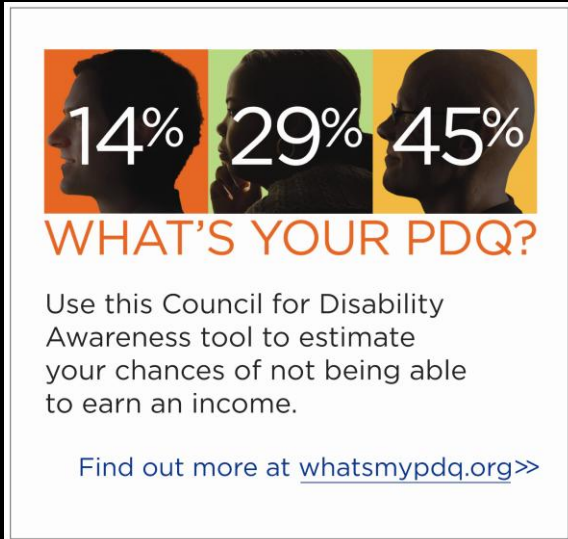


Do you know your PDQ?

PDQ stands for **Personal Disability Quotient** – the percentage chance a person has of suffering an illness or injury that could force them to miss work.



14% 29% 45%

WHAT'S YOUR PDQ?

Use this Council for Disability Awareness tool to estimate your chances of not being able to earn an income.

Find out more at whatsmypdq.org>>



Go To

<http://www.disabilitycanhappen.org>

The **PDQ** calculator is a tool that calculates a person's chances of becoming disabled for an extended period of time using a combination of factors including age, weight, height, health, and type of work environment.

The **PDQ** calculator also:

- Shows how much a person's future income is at stake
- Empowers individuals to take action in reducing their PDQ
- Calculate the Earned Income Quotient – the amount of income they could potentially lose should they become disabled
- Provides educational information to reduce chances of becoming disabled