

SPECIAL RIDER  
TO GROUP MEDICAL PLANS

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Effective January 1, 2008, the Contracts described above are modified as follows:

1. The definition of MEDICALLY NECESSARY in ARTICLE 1 is revised to read as follows:

“MEDICALLY NECESSARY: Means health care services or supplies that a Physician or other health care provider exercising prudent clinical judgment, would provide to a Member for the purpose of preventing, evaluating, diagnosing or treating an illness, injury, disease or its symptoms and that are:

In accordance with generally accepted standards of medical practice;

Clinically appropriate, in terms of type, frequency, extent, site and duration, and considered effective for the Member’s illness, injury or disease; and

Not primarily for the convenience of the Member, Physician or other health care provider, and not more costly than an alternative service or sequence of services, or supply at least as likely to produce equivalent therapeutic or diagnostic results as to the diagnosis or treatment of the Member’s illness, injury or disease.

For these purposes , “generally accepted standards of medical practice” means standards that are based on credible scientific evidence published in peer-reviewed medical literature generally recognized by the relevant medical community, Physician Specialty Society recommendations and the views of Physicians practicing in relevant clinical areas and any other relevant factors.”

Except as modified by this Rider, the Contracts described above and all other Riders thereto shall continue unchanged.

Regence BlueShield

By



Mary O. McWilliams, President